



LAKEVIEW ELEMENTARY SCHOOL

7777 Mayfield Street, Burnaby, B.C. V5E 2J5

Phone (604) 296 9018  
Principal: Mr. Cornell  
Head Teacher: Ms. Migliuri  
<http://lakeview.burnabyschools.ca>

September 4, 2019

Dear Parents of Students in Grades 4 – 7,

Your child has expressed an interest in joining the Lakeview Cross Country Running Team. The practices will be held on **Tuesday and Thursday afternoons from 3:05 to 3:45.** **Our first practice will be on Tuesday, September 10th at 3:05 pm.** **We will meet the participants at the front doors of the school and then backpacks can be stored in the gym during the practice.**

The season is very short. The students must be committed to attend the following practices. This is the schedule for the 2019 Cross Country Season:

Tuesday, Sept. 10	3:05 – 3:45	
Thursday, Sept. 12	3:05 – 3:45	
<b>Monday, Sept. 16</b>	<b>3:30 – 4:30</b>	<b>Cross Country Meet at Burnaby Lake East Sports Complex</b>
Tuesday, Sept. 17	3:05 – 3:45	
Thursday, Sept., 19		<i>(No Practice due to parent-teacher conferences)</i>
<b>Monday, Sept. 23</b>	<b>3:30 – 4:30</b>	<b>Cross Country Meet at Burnaby Lake East Sports Complex</b>
Tuesday, Sept. 24	3:05 – 3:45	
Thursday, Sept. 26		<i>(No Practice due to Terry Fox Run)</i>
<b>Monday, Sept. 30</b>	<b>3:30 – 4:30</b>	<b>Cross Country Meet at Burnaby Lake East Sports Complex</b>
Tuesday, Oct. 01	3:05 – 3:45	
Thursday, Oct. 03	3:05 – 3:45	
<b>Monday, Oct. 07</b>	<b>3:30 – 5:00</b>	<b>Cross Country Awards Meet at Burnaby Lake East Sports Complex</b>

Practices and meets will be held rain or shine. Athletes should be bringing water to every practice and meet. Please ensure that your child dresses appropriately--athletic wear (shorts, tights, sweatpants) and proper running shoes.

The approximate running distance is 1.2 km. We run the course set up at the Burnaby Lake East Sports Complex. We ask that you return the permission slip indicating parental consent for practice participation and whether or not your child will be participating in the Cross Country Meets. **As in previous years, the coaches will be present at all Cross Country Meets but will not be arranging transportation for the athletes who wish to participate.**

If you have any questions, please do not hesitate to contact us.

Yours truly,

L. Woolley, N. Sinclair

\*\*\*\*\* TO BE RETURNED BY MONDAY, SEPTEMBER 9th \*\*\*\*\*

YES

☐

My child \_\_\_\_\_ has permission to participate in the Cross Country practices each week. My child is in grade \_\_\_\_\_.

YES

☐

My child will be participating in the Burnaby Lake Meets on the dates listed below. I will be arranging transportation to and from the meets.

- ☐ **Monday, Sept. 16** 3:30 – 4:30
- ☐ **Monday, Sept. 23** 3:30 – 4:30
- ☐ **Monday, Sept. 30** 3:30 – 4:30
- ☐ **Monday, Oct. 07** 3:30 – 5:30

YES

☐

I have completed a BSB Parent / Volunteer Driver form and returned it to the school.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date