

HEY, GRADE 5 STUDENTS!

PICK UP YOUR BE ACTIVE PASS
FOR *free* FUN:

Get admission to participating pools, arenas, gymnasiums and golf driving ranges in Burnaby. Enjoy your favourite activities or try something new.

Whatever you do, have fun and **Be Active!**

Passes are now available, ask your teacher today!



Burnaby's Grade 5 Be Active Program

Burnaby's Grade 5 students have more reasons to **be active** (in Burnaby!) All Grade 5 students can receive a Be Active Pass for access to recreation facilities in our community. This program offers a simple, easy way for Grade 5's to enjoy fitness activities in their community and to **be active**.

How to get involved?

All grade five students in School District 41 will receive a registration form. Students can take the registration form to a Burnaby recreation facility, where they are issued a Be Active Pass. Every time they come to a Burnaby recreation facility, students must bring their **pass** and swipe it at the front counter to be admitted. Children living in Burnaby but attending school elsewhere are required to show proof of residency before receiving a pass.

Who is eligible?

All grade five students living in Burnaby regardless of their age.

Why Grade 5?

Research suggests that this is the age where physical activity involvement begins to decline in many children. A number of municipalities throughout the Lower Mainland and across Canada have launched similar programs for this age group.

When does the program run?

Burnaby's **Grade 5 Be Active Program** will run from now up to and including September 7, 2020.

What services are involved?

- » Public / Family / Loonie Swim
(indoor / outdoor pools)
- » Public / Family / Toonie Skate
(Skates and helmets included)
- » Sports Drop-in
(gymnasium-based sport activities)
- » Driving Range
(club use and
1 bucket of balls per visit)

Objectives

- » To provide free drop-ins as an incentive to encourage Grade 5 students to participate in physical activity pursuits in the community and to assist them in getting into the habit of using the City of Burnaby's recreation facilities.
- » To increase the physical activity levels of students in Grade 5.
- » To increase the usage and general awareness of recreation facilities in Burnaby amongst students and their families.
- » To work with other agencies in the development of the **Grade 5 Be Active Program** to ensure the program is well supported and promoted throughout Burnaby.
- » To use a number of methods to evaluate the usage and success of the **Grade 5 Be Active Program**.

Participating Facilities

The following City of Burnaby recreation facilities are participating in the **Grade 5 Be Active Program**:

Community Centres:

Bonsor | Cameron | Edmonds | Willingdon

Arenas: Bill Copeland | Kensington | Burnaby Lake

Pools: Bonsor | C.G. Brown | Edmonds | Eileen Dailly

Golf Courses: Burnaby Mountain | Riverway

