

Lakeview Elementary Weekly News



September 13, 2019



FALL WEATHER IS HERE

Good Afternoon Lakeview Community,

It has been a bit of a shock the past couple days with cooler wetter weather. There is definitely a feeling of fall in the air. Please remember that at Lakeview we are a "West Coast Recess" School. What does that mean? We will be sending the kids outside at recess and lunch in the rain. Students will be kept in only on days of extreme rain and wind where it is not safe for them to be outside. Please send your children with jackets, boots and appropriate clothing for rainy days. Even an extra pair of socks in the bottom of their backpacks will help.

Next week is a busy week with our first Cross Country Meet and our Intake Interviews. Please remember that dismissal on Wednesday for all students is at 1:00 as we prepare for the Intake Interviews at 2:00.

I would like to thank Mrs. Woolley and Mrs. Sinclair for all their hard work getting cross country up and running and the kids practicing so quickly. The meets start one week early this year.

I hope you all have a wonderful weekend.

Bruce

Dates to note

- Sept 23 - 26 Play Auditions at lunch
- Sept 23 - Cross Country Meet # 2 @ Burnaby Lake, 3:30
- Sept 24 Cross Country Practice (gr. 4 - 7) 3:05
- Sept 25 - Run Club (6/7) 12:30
- T-shirt with Words Theme Day
- Sept 26 - Terry Fox Run 2:00
- Sept 30 - Orange Shirt Day Assembly 10:45
- Sept 30 - Cross Country Meet # 3 @ Burnaby Lake, 3:30
- Oct 1 - Play Practice 8:00
- Oct 1 - Cross Country Practice (gr. 4 - 7) 3:05

September 16

- Cross Country Meet # 1 @ Burnaby Lake, 3:30

September 17

- Cross Country Practice (gr. 4 - 7) 3:05

September 18

- Early Dismissal 1:00
- Intake Interviews 2:00 - 6:00

September 19

- Intake Interviews 3:10 - 5:00
- Welcome Back BBQ 4:30 - 8:00

September 20

- Professional Day

WHAT IS A “WEST COAST” RECESS?

Dear Parents,

We are a “West Coast Recess” School at Lakeview. What does this mean? It means that we will minimize the number of days we consider inside days because of poor weather. Students will be expected to come to school prepared for the weather. **Please ensure that your child is well prepared for rain on any given day.** Students are encouraged to have a change of clothes with them at school in case they fall or get wet. We **will not** be allowing students to call home for a change of clothes if they get wet or muddy. A large number of Burnaby schools are running “West Coast Recess” programs.

Being Prepared for the Weather

We encourage the students to:

- Wear a rain coat or rain poncho to school and during breaks
- Wear rubber boots (students will be reminded to change footwear by the classroom teachers)
- Wear rain pants if they have them (can easily slip on before going outside and take off quickly upon re-entry)
- Bring an umbrella
- Wear a hat
- Have a change of clothes (including socks and extra shoes) in a separate bag they can store in the cloakroom

Rainy Weather FAQ

I am concerned that my child will get sick being out in the rain.

It is not cold that makes us sick but rather viruses. “People get sick more often in the winter because they are exposed to each other more in the winter than in the summer. When it is cold outside people tend to stay inside and are more likely to spread germs to one another” (from "[Does Cold Weather Cause the Cold or Flu?](#)"). Turns out that getting outdoors is more likely to protect our kids from illnesses than keeping them indoors.



My child has been sick but is now returning to school. Can he stay inside today?

We are quite reluctant to allow this for a couple of reasons. First, if your child is still not feeling well it would be better to keep them at home until they are 100% ready to function fully at school. If they are too sick to go outside they are also probably too sick to get through the day's work successfully – give them another day of rest. Secondly, we have very limited supervision inside so if more than a couple of kids are requesting this it becomes problematic.

We will make exceptions to this based on special circumstances so if you want to chat about your child's specific health conditions please call the office and speak to Mr. Cornell so you can chat with him about your concerns. On days of extreme cold or torrential wind and rain, students will be kept inside.

Mr. B. Cornell
Principal