



PARENTING LEARNING EVENT 2020

MARCH 7, 2020 | 8:30 am – 4 pm | Byrne Creek Community School
bflgrowscommunity.org



RETOOL . RECONNECT . RECHARGE

A day of learning about the physical and mental well-being of children. Join us for expert presentations on anxiety, nutrition, smart screen habits, brain development and parenting with Indigenous perspective. Registration includes sessions with 6 experts, refreshments and snacks, lunch, and access to low-cost and on-site childminding.

retool – Evidence-based knowledge and practical tips for decisions that promote a connected, healthy family.

reconnect – Meet and connect with other parents and expand your awareness of resources available in our community.

recharge – Take one day to feel good about parenting, get inspired and re-energized.

On-site childminding is available for registered attendees. **Space is limited.** Please inquire at time of registration.

SAVE WITH EARLY BIRD REGISTRATION

(UNTIL JANUARY 31, 2020)

REGISTER A SECOND PERSON AND SAVE EVEN MORE!

SATURDAY, MARCH 7
8:30 AM – 4 PM
BYRNE CREEK COMMUNITY
SECONDARY SCHOOL,
BURNABY

\$75

Cost for one registration purchased before Jan.31. (Starting Feb.1: \$109)

\$125

Cost for two registrations purchased before Jan.31. (Starting Feb.1: \$188)

Registration includes a day of learning, snacks and a healthy lunch.

Thanks to our supporters at 4Pillars Consulting and our sponsors:

Register online or contact us:

www.bflgrowscommunity.org

ple2020@bfli.ca | 604-419-6915

