

## Dear Families,

The World Health Organization has declared the **Novel Coronavirus (2019-nCoV)** a global emergency. It's important to note that the BC Provincial Health Officer is advising that the risk remains low within British Columbia, and that all necessary precautions are being taken to prevent the spread of infection.

The Burnaby School District takes direction from the Fraser Health Authority and is in regular communication with them, as well as the Ministries of Health and Education. Please be aware that public health decisions do not rest with the school district. A new toll-free phone number (1-833-784-4397) has been established to answer questions from Canadians about the novel coronavirus. You can also call 811 for health questions.

## The following information is provided by the Ministry of Health and Ministry of Education

The Ministry of Health has advised and confirmed that individuals returning from affected regions do not need to be isolated at home or kept home from school.

Fake news regarding coronavirus is starting to circulate on social media. We encourage people to refer to official sources such as the BC Centre for Disease Control (BCCDC) for the latest updates: <u>http://www.bccdc.ca/</u>

## **Reducing the risk**

The BCCDC recommends that to reduce the risk of exposure to novel coronavirus, use the same measures as for colds and flu:

- Wash your hands frequently for at least 20 seconds using soap and hot water (it is the single most effective way of reducing infection spread). Practice other good hygiene habits: do not touch your face/eyes/mouth with your hands, and cover your mouth and nose when you sneeze or cough (ideally with a disposable tissue or the crease of your elbow).
- Clean and disinfect frequently touched workspace surfaces.
- Maintain good general health (eat a balanced diet, get enough sleep, and exercise in moderation).
- Stay home if you are sick.

## Advice for students and families considering travel

- Students and families considering travel to and from China are encouraged to consult the Travel Health Notice (https://travel.gc.ca/travelling/advisories/pneumonia-china) for China on travel.gc.ca regularly, as recommendations may change over the course of your travel as new information becomes available.
- No matter where students and families plan to travel, the Public Health Agency of Canada recommends that they consult travel.gc.ca, which is the Government of Canada's official source of destination-specific travel information. It provides important advice to help travelers make informed decisions and travel safely while abroad.
- Students and their families should always tell their health care providers about their travel history if they become ill after returning to Canada.



これはたいせつなお知らせです。 どなたかに日本語に訳してもらってください。 **分白三日内** 

이것을 변역해 주십시오 CHỈ DẪN QUAN TRỌNG Xin nhờ người dịch hộ

ਜ਼ਰੂਰੀ ਜਾਣਕਾਰੀ ਕਿਰਪਾ ਕਰਕੇ ਕਿਸੇ ਕੋਲੋਂ ਇਸ ਦਾ ਉਲੱਬਾ ਕਰਵਾਓ। INFORMACIÓN IMPORTANTE Busque alguien que le traduzca.



ITO AY MAHALAGANG IMPORMASYON Isalin sa wikang tagalog kung hindi maintindihan

يرجى ترجمة هذا **معلومات هامة** 

ВАЖНАЯ ИНФОРМАЦИЯ Переведите это, пожалуйста.