

# • Lakeview Elementary

## • Weekly News



January 14<sup>th</sup>, 2022

### Dates to Note:

- Jan 17 - 21 Hip Hop Week
- Jan 20 - Hot Lunch begins again
- Jan 20 - Funky Hair Day
- Jan 28 - Literacy Week opening assembly
- Jan 31 - Feb 4 Literacy Week
- Jan 31 - Student Teachers visit
- Feb 4 - First Formal Report Card home
- Feb 14 - Valentines Day
- Feb 21 - Family Day - No School

Good afternoon Lakeview families.

Well we had a delayed start, a snow storm and some really good rain to bring us back to school but we are right back at it.

### Hip Hop Week at Lakeview Monday January 17<sup>th</sup> - Friday January 21<sup>st</sup>

Yes Hip Hop is able to go ahead. After reviewing health and safety regulations we are very excited to have a professional Hip Hop Choreographer and Dancer coming to our school to teach and choreograph a routine to each class. Students will have lessons each day all week leading up to a special dress performance on the last day - **Friday January 21<sup>st</sup>**. We will only be able to have two classes in the gym at a time (same two classes together for the week) and unfortunately no spectators. In the past the last performance day was packed with spectators but with our new protocols we have had to be creative. On this last performance day each group will be taped and class videos shared with families for your viewing pleasure.

Thanks to the generous sponsorship of the PAC and school grants the cost is \$5.00 per student. If you have not had a chance to pay yet reminder emails went out this week through school cash online.



### Lakeview Elementary New Student and Kindergarten Registrations 2022/23 Start February

For NEW students or CURRENT students requesting to move to another Burnaby school for September 2022, all Burnaby schools will commence accepting applications on Tuesday, February 1st, 2022. For more information, please visit the School District website at <https://burnabyschools.ca/regISTRATION>

If you're interested in French Immersion, Inman teaches FI (Grade K-3) and Cascade Heights teaches FI (Grade 4-7). **Please ONLY apply with the full registration package at your English catchment school.** The "District Language" application form for French and Mandarin requests are done online at <https://burnabyschools.ca/french-immersion/> Please attach **CURRENT** documents for your proof of address (checklist as listed below)

- **Birth Certificate or Proof of birth date for the student**
- **Proof of guardianship**
- **Proof of citizenship for both the parent and child**
- **Immunization records (may be provided prior to school start in September)**
- **Proof of residency showing the parent/guardian name. This must include two items, **AT LEAST ONE** being from Category A below:**

**Category A:** proof of ownership or long term rental of dwelling, legal documents indicating BC residence, Parent or guardian filing income tax returns as a BC resident

**Category B:** BC Hydro bill, BC Cable bill, Provincial driver's license, Provincial registration of automobile or Canadian bank accounts or credit cards

# Information: Managing COVID-19

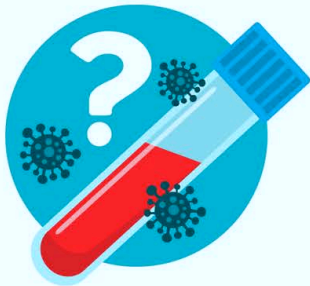
January 2022

The following information:

- **What to do if you test positive for COVID-19** and
- **How travel quarantine periods impact children** returning to school in-person

is provided by public health and compiled by the Burnaby School District for your easy reference.

## What to do if you test positive for COVID-19



Individuals who test positive for COVID-19 should follow advice from the BC Centre for Disease Control, which includes:

- How long to self-isolate depending on vaccination status
- How to report a positive test result
- How to notify close contacts

More information can be found here:

[www.bccdc.ca/health-info/diseases-conditions/covid-19/if-you-have-covid-19](https://www.bccdc.ca/health-info/diseases-conditions/covid-19/if-you-have-covid-19)

As public health is not contacting every person who tests positive, they will no longer be issuing school exposure letters for individual cases for principals to distribute.

## How travel quarantine periods impact children returning to school in-person



For those returning from travelling outside of Canada – even for short day trips – please follow quarantine requirements:

- Unvaccinated and partially vaccinated children and youth up to and including 17 years of age are subject to the 14-day quarantine requirement
- During quarantine, children cannot attend school in-person

Families planning to travel or who have returned from international travel are encouraged to check the Government of Canada's website for the most up-to-date quarantine and testing requirements.

More information can be found here: [www.travel.gc.ca/travel-covid](https://www.travel.gc.ca/travel-covid)

## West-Coast Recess/Lunch –Please Dress for the Weather!

At Lakeview we believe it is healthy for kids to get outside throughout the day for fresh air and exercise, especially with our current Health and Safety regulations. Living on the West Coast we know that our climate contains a consistent amount of rainfall especially throughout the winter months. It makes sense that in our climate we are well prepared to be outside in the rain. Given that students will be outside for lunch and / recess even when it's raining it is important to send your child to school well prepared.



### Being prepared for the weather

We know that if kids are well prepared to be outside in the rain they actually enjoy it. As long as they stay dry and warm there is a great deal of fun to be had in all kinds of weather. To be prepared to be outside in the rain it is important for your child to have:

- A rain coat or water resistant covering
- Rubber boots so they can enjoy the puddles (if you are able to provide them with a pair to keep at school that would be perfect)
- An umbrella
- A rain hat or coat with a hood
- A change of clothes just in case. (sweatpants, sock, underwear, t-shirt) 😊

### Rainy Weather FAQ

#### **I am concerned that my child will get sick being out in the rain.**

It is not cold that makes us sick but rather viruses. "People get sick more often in the winter because they are exposed to each other more in the winter than in the summer. When it is cold outside people tend to stay inside and are more likely to spread germs to one another" (from "[Does Cold Weather Cause the Cold or Flu?](#)"). Turns out that getting outdoors is more likely to protect our kids from illnesses than keeping them indoors. Especially important in our current times.



#### **My child has been sick but is now returning to school. Can he stay inside today?**

We are quite reluctant to allow this for obvious reasons. First, if your child is still not quite better they should not be returning to school. We need to keep them at home until they are 100% ready to function fully at school. If your child is too sick to go outside then they are also too sick to get through the days work successfully – give them another's day rest.

#### **Why don't you keep them in – they would be far more comfortable – it doesn't seem fair!!**

We are concerned that if we set things up for our kids to avoid inclement weather by staying indoors we are teaching them that they need to protect themselves from it. The habits we set up with our kids as they grow up tend to last into adulthood. Rather than feeling that they need to stay indoors we want to encourage them to find ways to enjoy the rain. We also are fortunate to have large undercover areas for students to get out of the rain if they wish.

Students are very happy when it rains as they are busy constructing canals, dams, and islands so they are happy when the rain arrives to fill them. These types of imaginative play are very healthy learning experiences for our kids!!

Another reason why it is so important that our kids go outside is that it is extremely difficult for most of them to focus on their school work in the afternoons when they have not had the opportunity to get some fresh air. In the past when we used to keep kids inside more routinely due to rain our students struggled through their afternoons.

#### **Are the children ever allowed to stay inside due to the weather?**

We occasionally have weather conditions that are unreasonable to expect students to stay outside in. These days include hard, driving rain with extreme cold or wind. In these situations we intend to declare it an in day however we don't expect to have more than 2 or 3 of them a year.

#### **Additional Resources:**

- "Last Child in the Woods author on how outdoor play helps children thrive"
- "Children Should be allowed to play in the dirt"