

Lakeview Elementary Weekly News



Friday, May 17, 2024

Dear Lakeview Community,

I wanted to inform you that Donna Quickstad, Administrative Secretary, has accepted a position with another school effective this month. We have appreciated Donna's contributions to Lakeview, and we know she will be greatly missed by students, staff and families. The Secretary position has been posted; once it has been filled, I will announce Donna's replacement to the school community.

Moving forward, if you have questions regarding general school operations or are seeking to report an absence for your child, please either call the school directly or email the classroom teacher and our Lakeview general email at Lakeview.Info@burnabyschools.ca.

A reminder to families, if you have information that that you feel should be considered when placing your child in next year's class, you are invited to provide information on the form below. Requests should be designed around the learning needs for your child; any requests that indicate specific teachers will not be considered. This form must be submitted on or before **Friday, May 31, 2024** in order to be considered during the class placement process.

Student Placement 2024-2025 Fillable Form

Student Placement 2024-2025



Dates to note:

- Monday, May 20 Victoria Day Holiday (No School)
- Wednesday, May 22 TCBY Treat Day
- May 22 & May 23 Camp Capilano- Division 6&7
- Wednesday, May 22 Virtual Indigenous Sessions
- Tuesday, May 28 Grade 7 Lunch/Movie afternoon
- May 28 & May 29 Hub Cycling- Division 4, 5, 6, 7
- Wednesday, May 29 Wildcat for a Day – Grade 7
- Wednesday, May 29 Division 3 to Rev's Bowling
- Thursday, May 30 Division 1 Canoeing
- Thursday, May 30 Welcome to Our School @ 1:20
- Friday, May 31 Month End Assembly @ 11:00
- Thursday, June 13 All Library Resources Due

Festival of Beginning Band



This past week, the Grade 7 Band went to Nelson Elementary School to participate in the Festival of Beginning Band. Each school learned several songs from the same repertoire so they could play several songs "en masse" to experience the big band sound. This also gives them the opportunity to hear other schools and the motivation to practice for a performance.

Well done, Lakeview!



Playground Visitor

We had a lovely visitor to our playground today. Spotted by Division 6 bird watcher: a Pleated Woodpecker. Great catch, Division 6!

Building Birdhouses



Several primary classes had the opportunity to participate in an interactive workshop building birdhouses. Thank you to those families and community members for volunteering to support this activity with our class. The projects turned out great, and students were very proud to showcase their creations!



The Spring Food Bank Challenge

The Greater Vancouver Food Bank's (GVFB) Spring Challenge is an opportunity for the communities served by the GVFB to come together in a fun way to support our neighbours. The Spring Challenge unites communities in the name of friendly competition. The area that collects the most funds per capita will win the challenge... and a fun prize... 50 pairs of tickets to Foodstock, the GVFB's fundraiser festival on June 23, 2024 at Swangard Stadium.

Please make donations by May 31st to the Burnaby School District #41 fundraising page by clicking on the link below:

<https://events.foodbank.bc.ca/team/burnaby>



You're Invited: SOGI Information Webinar

The Burnaby School District is hosting an information session for parents, caregivers and students who may be interested in learning more about SOGI or have questions about it. You're invited to attend this virtual session, which will take place on **Thursday, May 23 at 7:00 pm.**

Families can register for the webinar through the link on the invitation. There is also an opportunity to email questions in advance through the email address linked on the poster.

For more information and to register click [here](#) Additional background on SOGI in the Burnaby School District and a frequently asked questions document can also be found [here](#).

Get outside and play!

Physical activity is a necessary requirement for optimal health – and the benefits are even greater if you can do it outdoors. Regular physical activity in childhood helps to develop cardiovascular fitness, muscle strength and bone density, and being outdoors is known to improve mental health. There are many benefits to unstructured, outside play. When children spend time outside, they:

Sit less, move more and play longer – key to cardiovascular health and fitness.

Have healthier eyes – 10+ hours a week outside reduces nearsightedness risks.

Sleep better – sunlight helps regulate melatonin and sleep patterns.

Enjoy improved mood – exercise reduces symptoms of anxiety and depression.

Feel more connected to nature – experience calm and develop mindfulness.



Learn the benefits of outdoor play and find ideas for

planning active outings.



Planning active outings doesn't have to be challenging or costly. Here are some ideas that you can try this week:

1. **Go for a walk or hike** – try these [10 hikes to take your kids on this summer](#).
2. **Play in a forest or park** – try a new [regional park](#) every day for a week.
3. **Climb a tree** – this [Vancouver climbing tree](#) is inspiring, but start smaller!
4. **Explore a local stream** – check these [beautiful watershed walks](#) in the region.
5. **Play hopscotch or jump rope** – try teaching these [six fun jump rope games](#).
6. **Swim at the pool, waterpark or beach** – check [beach safety conditions](#) first.
7. **Ride a bike or scooter** – find [easy, family-friendly cycling routes](#).
8. **Visit farms, fish hatcheries and bird sanctuaries** – this [local family fun guide](#) has unique ideas.

Find more ideas to keep your kids active through the year on Fraser Health's website: <https://ow.ly/lrmm50PezbK>

Free Summer Program for Families!

Learn about healthy eating, physical activity, and building long-lasting habits as a family in Generation Health. This 10-week program for families with children ages 8 to 12 is FUN and interactive!

Delivered through YMCA BC starting July 2024 on Tuesday and Wednesday evenings.

Families who join this program will receive a complimentary YMCA membership.

Register today!



gv.ymca.ca/generation-health
generationhealth@bc.ymca.ca

2024 Summer Activities

SUMMER ACTIVITIES

registration starts
in June!

To make it easier for you to browse Burnaby activities, download our **Summer Activity Guide** on May 13.

Find activities for all ages by facility. Click on the activity to view a full description in WebReg (our online registration system).

Burnaby.ca/ActivityGuide



Recreation Centres	
BONSOR	604-297-4597
BONSOR 55+	604-297-4580
CAMERON	604-297-4452
CHRISTINE SINCLAIR	604-320-2222
CONFEDERATION	604-294-1936
EDMONDS	604-297-4838
EILEEN DAILY	604-298-7946
WILLINGDON	604-297-4526
Arenas	
BILL COPELAND	604-297-4521
KENSINGTON	604-297-4535
ROSEMARY BROWN	604-421-3200
Cultural Facilities	
BURNABY ART GALLERY	604-297-4422
BURNABY VILLAGE MUSEUM	604-297-4565
SHADBOLT CENTRE	604-297-4440

REGISTRATION START TIME	PRIORITY REGISTRATION for Burnaby residents			GENERAL REGISTRATION for everyone	
	Sunday, June 2	Monday, June 3	Tuesday, June 4	Wednesday, June 5	Friday, June 7
10 am					
START CREATING YOUR WISH LIST TODAY	Swimming Lessons	Recreation Activities (excluding swimming lessons)	Arts and Heritage Activities	Swimming Lessons	Recreation, Arts and Heritage Activities (excluding swimming lessons)

New Registration Process for Swimming Lessons

We are offering more opportunities for swim lesson registration, starting as early as June 2.

You can register for swim lessons 30 days in advance of the lesson start date at 10 am if you are a Burnaby resident, or 27 days in advance at 10 am if you are not.

For example, if you want to sign up for swim lessons that begin on July 2, you can register on June 2 at 10 am if you live in Burnaby, or on June 5 at 10 am if you live elsewhere.

Learn more about this change: Burnaby.ca/SwimLessons



What's going on



**Sales starts
May 29
\$20 + GST**

5-18 years old

SUMMER FUN PASS

for children and youth

Stay active this summer with access to drop-in activities at recreation facilities.

Dive in for a swim, play badminton with friends or move to the beat in a fitness class and so much more.

Valid June 28-September 3, 2024. Available for Burnaby residents. (Age restrictions may apply to some activities.)

Burnaby.ca/BeActivePass

SUMMER VOLUNTEER OPPORTUNITIES AND ORIENTATION SESSION

Looking to have an awesome summer while also making a difference in the community? Come join our energetic summer volunteer team and develop leadership skills in a positive and fun environment! Volunteers will be working side by side with experienced summer camp and park leaders to create lifelong memories for children and families in Burnaby.

Register at Burnaby.ca/SummerVolunteers

Have questions? Attend a **Volunteer Recruitment Session** to learn more.

Edmonds Community Centre
Monday, May 27 5-6:30 pm 33093

Bill Copeland Sports Centre
Tuesday, May 28 4:30-6 pm 33090

Bonsor Recreation Complex
Friday, May 31 5-6:30 pm 33091

Christine Sinclair Community Centre
Tuesday, June 4 6-7:30 pm 33092

Burnaby.ca/WebReg

GET YOUR START HERE:

WE'RE HIRING

98.6^{km²}
office



Make a difference in your community. Recreation centres are hiring recreation clerks, recreation and aquatic leaders, building service workers and contract instructors. Be a part of providing facilities and services that support a safe, connected, inclusive, healthy and dynamic community.

Burnaby.ca/Careers

Summer Fun in Burnaby

Spray parks, outdoor pools, events and more. There's lots of fun activities in Burnaby this summer.

Burnaby.ca/SummerFun