

Friday, June 14, 2024

Lakeview Elementary Weekly News



Dear Lakeview Community,

Thank you to all the families who came out to watch and participate in Sports Day today. It ended up being perfect weather for the friendly competition. All teams showed fantastic sportsmanship and tried their best. Scores were very close for both the School Spirit Days competition and Sports Day. In the end, the Blue team placed first for the Spirit Days, and the Yellow team placed first for Sports Day. Photos will be in the year end slideshow on June 24th, and I will include some in next week's newsletter.

Friday, June 21st is National Indigenous Peoples Day. This day holds immense significance as it recognizes and honours the rich heritage, diverse cultures, and invaluable contributions of First Nations, Inuit, and Métis peoples across Canada.

The date June 21 aligns with the summer solstice, the longest day of the year, which has been celebrated by Indigenous groups for generations. It's a time to come together, learn, and appreciate the wisdom, art, and resilience of Indigenous people across Canada.

Next week, I will be sharing the Burnaby 'Song for Courage' on the Friday morning announcements to recognize this significant day. The song was originally written for Grade 7 Indigenous students transition into a bigger world. Elder Latash Nahanee from the Squamish Nation acknowledged the beauty of the song and shared that students are always in times of transition. Therefore, this song is for every student in Burnaby, and it recognizes the incredible strength and courage it takes to be a student.

If you are interested in hearing the 'Song for Coruage', please follow the link:

<https://burnabyschools.ca/indigenouseducation/song-for-courage/>

Amelia Poitras, Principal Lakeview Elementary

Dates to note:

- Monday, June 17 1:00-3:00 Intermediate Swim
- Monday, June 17 Div 6 Pen Pal Picnic @ Queen's Park
- Wednesday, June 19 Volunteer and Staff Lunch
- Thursday, June 20 Div 4 Playland
- Friday, June 21 National Indigenous Peoples Day
- Friday, June 21 1:00-3:00 Intermediate Swim
- Monday, June 24 Year End Assembly @ 1:00
- Tuesday, June 25 Div 4 @ Edmonds Park (10-2)
- Tuesday, June 25 Div 5 Pen Pal Picnic (12:30-3:00)
- Tuesday, June 25 Div 6&7 Robert Burnaby (11:30-2:30)
- Tuesday, June 25 Div 11&12 Edmonds Park
- Thursday, June 27 Last Day of School
Grade 7 Leaving Assembly
Report Cards Home
10:30 am Dismissal

Intermediate Swimming: Monday & Friday!



Grades 4-7 classes will be going swimming on Monday and Friday next week. Please remember to bring:

- Running shoes to walk in
- Swimsuit
- Towel
- Goggles (optional)

Primary Chapter Book Challenge 2024

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The votes are in, and our winner for the Primary Chapter Book Challenge this year is Dragon Masters, by Tracey West!

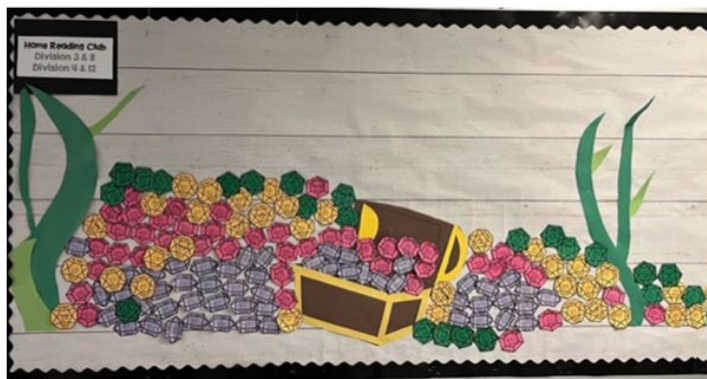
We celebrated the conclusion of the program and the reveal of the winner with a prize draw for each class (see photo, Tanveer, Bushra, Nina, Welde, and Lorenzo). Ricky Ricotta's Mighty Robot, Zoey and Sassafras, and The Owl Diaries, garnered several votes as nominees as well and shouldn't be missed! If your child is in Division 6, 7, 8, 9, or 10, ask them which series they voted for and why. A special thank-you to the teachers and parents who supported our readers during this program.



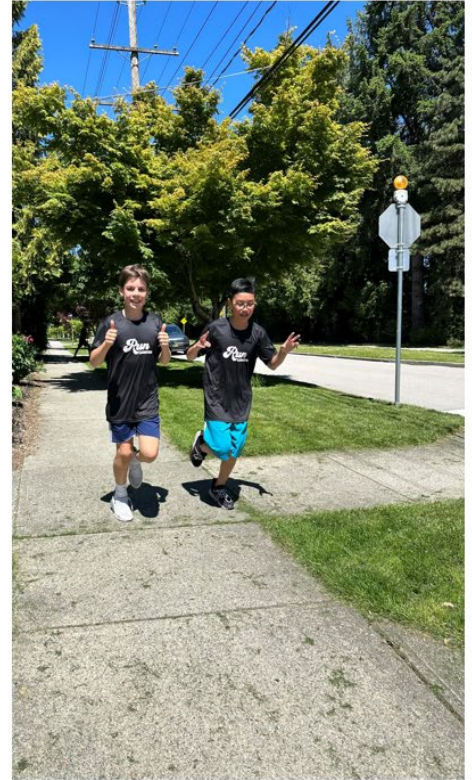
Home Reading Club

Our treasure chests are full of gems from all our Home Reading Club participants over the past school year! The classes are showcased along with their buddy class along the three bulletin boards in the hall outside of the library. We know that daily reading cultivates a lifelong love for learning. Reading expands vocabulary, boosts imagination, and enhances cognitive development. It instills values, empathy, and cultural awareness, shaping well-rounded individuals ready to navigate the world. We hope that you consider signing up for the [Summer Reading Club](#) through the Burnaby Public Library to continue supporting these reading routines. An additional thank-you for our PAC who continues to support the Home Reading Program at Lakeview.

Ms. Chatt, Ms. Knapp, Mrs. Patterson, and Ms. Buchanan



Grade 6/7 Run Club:



Congratulations to our Grade 6&7 Run Club members who completed their final event on Friday, June 7th. Students have participated in weekly runs, slowly building up to 10 kilometers. Last week, they all completed the 10k, celebrated, and were awarded medals. Well done runners! Thank you to Ms. Chung and Ms. Bourne for supporting this year's runners.



Burnaby Schools

DIVERSITY

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Vancouver Pride Parade: Sunday August 4, 2024

“We welcome you to save the date and join us at the Vancouver Pride Parade on Sunday August 4, 2024. Staff, students, and families are invited to participate by either walking with the Burnaby School District float or cheering us along the parade route.

The parade will start at noon at the intersection of Denman and Davie Streets. Staging time and location, along with some reminders of what to bring, such as water and sunscreen, will be posted on the district website [here](#) the third week of July. Please check there for when and where to join us on August 4, should you wish to do so.”

Juneteenth

Juneteenth is a day commemorating the end of slavery in the United States. It is observed annually on June 19th. While it is an official holiday south of the border, Juneteenth is also marked unofficially in Canada- with communities across the country celebrating Black culture. It was born out of the vision to create an inclusive platform for Canadians to engage with Black culture. Last year, more than 100 students, teachers and community members gathered at Byrne Creek Secondary to celebrate the occasion; this event is happening again this year. Please click on the image below to see a short clip from last year.



JUNE – Summer Health

Keeping kids healthy and safe this summer – tips for parents

As summer approaches, excitement levels rise in anticipation for outdoor adventures, sports and family vacations. Summer is a time for fun and relaxation, but it's also a time to prioritize health and well-being. Below are some tips to help your kids stay active, healthy and safe during the summer months.

Sun protection

Help avoid sunburns by applying a sunscreen lotion with Sun Protection Factor (SPF) 30 or more to your children (and yourself) at least 20 minutes before heading outside. Seek shade and stay out of the hot sun between 11 a.m. and 4 p.m. Look for places with lots of shade, such as parks with big trees. Take an umbrella or tent to the beach and cover up with a wide brimmed hat, long sleeves and loose-fitting long pants.

Breathe easier

B.C. wildfires and dry weather conditions are common during the summer months resulting in poorer air quality. [Reducing exposure to wildfire smoke](#) is the best way to protect your and your family's health. [Stay on top of air quality advisories](#).

Hydration

Encourage your children to drink water regularly, before they become thirsty. Instill the habit of always carrying a water bottle with them wherever they go.

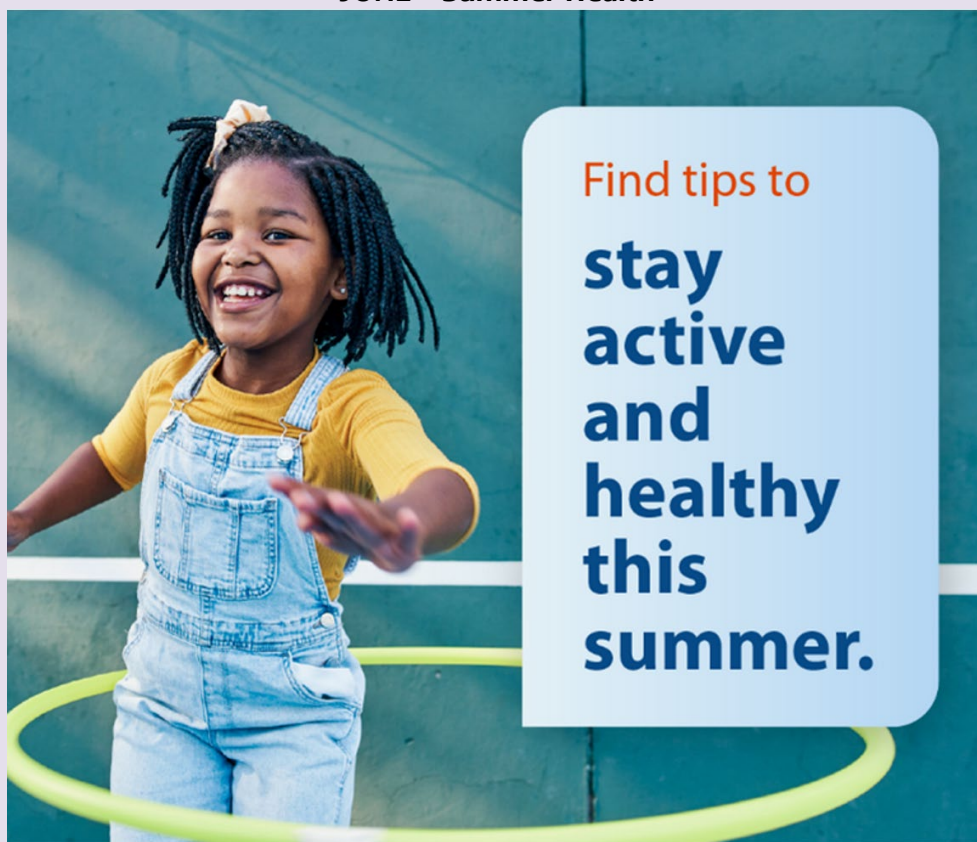
Physical activity

Parents who join in on soccer games, splash in the pool or set out on hikes with their children on summer vacation – and all year long – not only get fit themselves but provide healthy role models for the next generation. Healthy, active outdoor play is one of the best ways to improve both adults' and children's overall physical and mental health.

Enjoy the bounty of the summer produce

Summer is here, which means fresh fruits and vegetables are in season. This makes it an ideal time to eat some delicious locally grown foods. [Local farmers' markets](#) and [u-pick farms](#) are a fun way to enjoy farm fresh fruits and veggies while getting outside and supporting your local farmers.

Find more summer health tips in Fraser Health's Healthy Summer Guide: <https://ow.ly/KqgY50Pezjh>



Find tips to
**stay
active
and
healthy
this
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