

• Friday, September 6, 2024

Lakeview Elementary Weekly News



Dear Lakeview Community,

What a great first week back! Students participated in a range of activities in primary and intermediate groupings. They had the opportunity to meet new peers and learn from each of the teachers in their grade level.

On Monday, students will return to their “Home Base” classes. Pending confirmation from the school district, we hope to move students into their permanent 2024-2025 by the afternoon. Kindergarten class placement will be confirmed on Monday.

Monday afternoon, families will receive an email from “Lakeview Communications” confirming your child’s class placement and pick up spot. In general, students from Grades 1-3 will be picked up at the back of the school and Grades 4-7 will be picked up at the front. The exact location will be specified in the email.

Students should bring their school supplies on Monday. Please refer to the school website if you are looking for the Primary and Intermediate school supplies lists. Kindergarten school supplies will be managed differently; the teachers collect money from families via school cash online and will provide supplies to the children. More information regarding Kindergarten supplies will be provided after class placements, so there is no need to send anything on Monday.

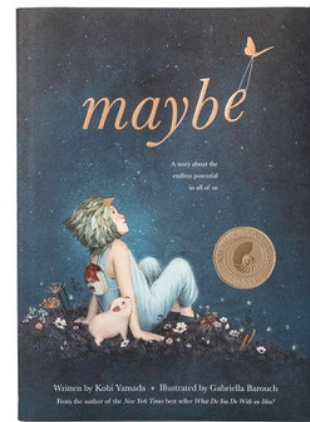
As a reminder, student placement in classes is a thoughtful and collaborative process that considers each child’s social, emotional and academic needs while creating balanced and effective learning environments throughout the school. We have integrated feedback from families, classroom teachers, and the school-based resource team into our conversations around placement. Our teams have been working carefully to consider a supportive placement and learning environment for each child. When we move children into their new classes, we are confident they will be positive spaces to learn and grow. We are looking forward to a great school year!

Amelia Poitras, Principal Lakeview Elementary

Dates to note:

- Tues., Sept. 10 Cross Country Practice – 8:15
- Wed., Sept. 11 Cross Country Practice – 8:15
- **Fri., Sept. 13 Photo Day**
- Mon., Sept. 16 Kindergarten first full day
- Tues., Sept 17 Cross Country Practice – 8:15
- Wed., Sept 18 Intake Meetings 3:00-5:00
- Thurs., Sept 19 Intake Meetings 2:00-6:00
- Thurs., Sept 19 Early Dismissal – 2:00
- Fri., Sept. 20 Terry Fox Run – 2:00
- Mon., Sept. 30 National Day for Truth and Reconciliation

Our wish for this year...



On Tuesday, students were read the book, “Maybe” by Kodbi Yamada. This story is a celebration of the possibilities we hold inside of us. It reminds children they are made for incredible things and that each of us has a mark to leave on the world. We hope that every student begins this year feeling like they can be anything, that they are important, and that anything is possible.



Please Bring to School:

1. Healthy Lunch and Snacks
2. Water Bottle
3. Running Shoes (primary students should have indoor running shoes, preferably without laces)
4. Change of close in Ziploc for primary students
5. Gym strip for intermediate students

Student Photo Day: Friday, September 13th



Individual student photo day is on Friday, September 13th. Students will be called to the library by division to have their photos taken. Make sure to dress in a way that feels right for you! Some students like to wear their favourite fancy outfit, and other students wear something that just feels like them. Photo packages will be available to order online afterwards.

Your healthy back-to-school guide

As summer winds down, it's time to gear up for a healthy back-to-school season. Set the stage for a smooth transition back to school. Here are some practical tips to get you started.

Prioritize sleep

Ensuring your child gets enough sleep is an important part of a healthy back-to-school routine. Quality sleep helps with concentration, mood and overall well-being. In the weeks leading up to the start of school, gradually adjust your child's sleep schedule so they can adapt to the new routine. Aim for nine to 11 hours of quality sleep per night.

Eat well

Support your child's learning and development with scheduled meals and snacks. Breakfast kick starts their morning, while snacks and lunches nourish them throughout the day. Pack a water bottle to help them stay hydrated.

Boost immunity

As with any public environment, school exposes children to various germs. Ensuring they are up-to-date on their vaccinations helps protect them and others. Specific immunizations are recommended for children prior to entering kindergarten as well as in grades six and nine. Help your child avoid the spread of illness by encouraging them to wash their hands regularly, teaching them to cover their coughs and sneezes and keeping them home when sick.

Keep active Adding physical activity to your child's routine sets them up for success. Activities like walking or biking to school, playing sports, dancing, swimming or helping around the house are great ways for your child to stay active. Set limits on screen time and promote outdoor play as much as possible for overall well-being.

Make time for talking and connection

Going back to school can be a cause of anxiety or stress for children. Make it a point to encourage open communication and support your child to talk about their feelings and help them feel heard and understood. Integrate downtime into their routine where they can relax or focus on a special interest or hobby.

Find more school health tips and resources on Fraser Health's website: [School health - Fraser Health Authority](#)

Optional – Family Accident Reimbursement Plan

Accidents Happen

The Burnaby School district does not insure expenses for student injuries that happen on school grounds or during school activities. Parents and guardians are responsible for these expenses. Whether it's playing sports, using playground equipment, or simply having fun in the gym or in the schoolyard, accidents sometimes happen. The Medical Services Plan (MSP) either limits or does not cover some charges and group health plans often have deductibles. Costs that are not covered by MSP or may be limited by group health plans may include:

- Dental treatment
- Eyeglasses
- Physiotherapy

Accident Insurance

For many years the district arranged for families to voluntarily purchase student accident insurance through the Kids Plus™ Accident Insurance program. That program has been replaced by the Family Accident Reimbursement Plan provided by Industrial Alliance. This voluntary plan provides coverage for students and their families against accidental injury, unexpected medical expenses, and critical illness. To apply or to find out more, visit, call, or email:

[Industrial Alliance Financial Group](#)

Phone: 1.800.266.5667 Email: solutions@ia.ca

Back to School Fun!



At Lakeview, we can make new friends!

USING YOUR CELL PHONE AT ELEMENTARY SCHOOL



**OK TO BRING
TO SCHOOL**

- Store your cell phone out of sight and on silent mode during the school day



**OK TO USE
WITH APPROVAL**

- For educational activities – with the classroom teacher's permission
- For learning accessibility – under school staff supervision
- For medical purposes – under school staff supervision



**GENERALLY
NOT OK TO USE**

- During the school day

There's a time to use cell phones and other digital devices
and a time to have them stored out of sight and on silent mode

Learn more in the Code of Conduct on our website

www.BurnabySchools.ca



Free activities for Burnaby's

GRADE 5 BE ACTIVE PROGRAM

All grade 5 students living in Burnaby can receive a **Grade 5 Be Active Pass**. The pass is a simple, easy way for grades five students to be active and enjoy FREE activities at Burnaby recreation facilities, including pools, arenas, gymnasiums and golf driving ranges.

Passes are available starting September 3, 2024 for the 2024-2025 school year.



For more information, visit:
Burnaby.ca/Grade5BeActive



Getting the pass is easy! Here's how:

- 1** Complete the registration form on Burnaby.ca/Grade5BeActive
- 2** Take the completed form to a City of Burnaby recreation facility (note: a photo will be taken for the card, so the grade 5 student must be present at this time).
- 3** The student will be issued a Burnaby **Be Active Pass** loaded with a **Grade 5 Be Active Membership** (valid up to and including September 1, 2025).

Your Personal Information

The personal information you provide during the registration process is collected and used under the authority of the Freedom of Information and Protection of Privacy Act s. 26(c) for the purpose of administering parks, recreation and culture programs, informing you of our services and benefits and for statistical purposes. If you have questions about the collection, use or disclosure of your personal information, please contact the Admin Office at 604-294-7450.

Burnaby.ca/Grade5BeActive

