Lakeview Elementary Weekly News

Dear Lakeview Community,

This week we had our production of *Mary Poppins Junior!* Students and staff put together a fabulous afternoon and evening show on Thursday, March 6th.

We were thrilled to welcome our School Board Trustee, Mikelle Sasakamoose, who attended the afternoon performance. Trustee Sasakamoose wants to congratulate the cast, crew, volunteers, and staff who worked so hard to put on such an amazing production.

We could not have put on such great show without the support of families, community members and our PAC. You ensured your children were at school for early morning rehearsals. You helped with costumes, makeup, hair, and last-minute requests. You came to celebrate the hard work of everyone involved and supported us through ticket sales, a raffle and a 50/50 draw. Thank you for your ongoing support for our Lakeview community.

A special thank you also goes out to the staff that pulled the whole event together. Ms. Chatt and Ms. Savard worked behind the scenes on costumes, sets, props, and coordinating people. Ms. Knapp has been Ms. Bourne's partner through the whole process working with the choir and actors. She also kept the backstage crew organized and the whole show flowing smoothy. Ms. Bourne and Ms. Knapp carefully selected cast members to perfectly suit each role. Thank you to Ms. Bourne for you your vision, creativity, and energy for this production. These are the moments students remember about school – thank you for your hard work and dedication to the Lakeview community.

Amelia Poitras, Principal Lakeview Elementary



Dates to note:

- Mon. March 10 Div. 4 Holocaust Museum 9-1
- Wed. March 12 BC Lions Presentation
- Fri. March 14 Learning Updates sent home
- March 17-28 Spring Break (No School)
- Mon. March 31 Spring Fling Run
- April "Body Science" Sessions
- April Track Season starts
- Thurs. April 3 Class Photos
- Fri. April 18 Good Friday (No School)
- Mon. April 21 Easter Monday (No School)
- Mon. April 28 Pro-D Day (No School)

Grade 7 Committee



We would like to extend our heartfelt gratitude to all families and staff who supported the Grade 7 fundraising by purchasing Me N Eds pizza last Friday.

Thanks to your generosity, we successfully raised \$500, which will greatly assist in funding the Grade 7 leaving activities.







MARY POPPINS







March-Spring Health

Spring health for kids

The spring season is approaching which means warmer weather and more outdoor activities. It's also an opportunity to foster new healthy habits for our children. Here are five practical tips for school-aged kids to make the most of this season.

Get active

Warmer weather makes spring the perfect time to get outside and play. Take a walk around your neighbourhood or head to a local park or hiking trail. You can also stay active close to home with some backyard jump rope or hopscotch.

Think fresh

Springtime often brings up images of fresh fruits and produce. Now is a great time to teach children about where food comes by helping them to start their own home garden. You don't need a large space to get started. Strawberries, tomatoes and lettuce can all be grown from pots on a sundeck.

Be sun safe

Sun burns are possible even in spring. Use a sunscreen that has Sun Protection Factor (SPF) 30 or more. When possible, schedule outdoor activities in the morning or late afternoon and early evening. If you and your children are out in the sun during mid-day hours, wear long sleeves, loose-fitting long pants and a hat with a wide brim.

Spring is also a good time to make sure your family has plans in place to be healthy in the coming heat. Investigate if your family is eligible for retrofitting rebates to keep the family cool, as indoor temperatures can be dangerous for everyone.

Support positive mental health

The best way to support positive mental health in your children is by forming strong and caring relationships with them. Make time for connection each day. Talk to them about their feelings and experiences.

Practice road safety

Biking is a great way to exercise and spend quality time with your family. Remember to keep safety top of mind. Protect their heads with a well-fitted helmet and teach them the rules of the road, such as the hand signals for stop, right and left-hand turns.

Find more tips for a healthy spring in <u>Fraser Health's Spring Health Guide: Your spring health guide - Fraser Health Authority</u>



AFTERSCHOOL NATURE ADVENTURES AT LAKEVIEW ELEMENTARY

6-9 years

Join us as we explore nature and everything is has to offer. Participants will create art, explore the outdoors, and play games around the nature theme. This program has a mixture of indoor and outdoor play, so come dressed for the weather!

Mondays, 4 sessions, \$34.90

Lakeview Elementary Location: Library

April 7-May 5, 3:00pm-4:30pm No class on April 21 and April 28

Activity Number: 68868

Registration starts at on Monday, March 10 at 10am. Burnaby.ca/webreg





AFTERSCHOOL CHESS, CARDS, AND GAMES AT LAKEVIEW ELEMENTARY

8-11 years

Come and play board games, card games and learn to play chess in a fun & welcoming atmosphere.

Thursdays, 4 sessions, \$20.70

Lakeview Elementary School

Location: Library

April 10-May 1, 3:00pm-4:30pm

Activity Number: 68865

Registrations starts at on Monday, March 10th at 10am.

Burnaby.ca/webreg





AFTERSCHOOL CRAFT CREATIONS AT LAKEVIEW ELEMENTARY

5-8 years

This inquiry based, open ended program allows participants an opportunity to let their creativity soar! Each week will have a theme where participants will be able to create projects using a variety of materials and mediums

Thursdays, 4 sessions, \$30.00

Lakeview Elementary School

Location: Library

May 15-June 5, 3:00pm-4:30pm

Activity Number: 68866

Registrations starts on Monday, March 10th at 10am.

Burnaby.ca/webreg





AFTERSCHOOL SOCCER AT LAKEVIEW ELEMENTARY

7-10 years

Participants are introduced to the game of soccer through fun drills and non-competitive scrimmages.

Tuesdays, 4 sessions, \$39.30

Lakeview Elementary

Location: Gym

May 6-May 27 3:00pm-4:30pm

Activity Number: 68867

Registrations starts on Monday, March 10th at 10am.

Burnaby.ca/webreg

