



LAKEVIEW ELEMENTARY SCHOOL

October 8th, 2026

Dear Parents:

This year, Grade 7 girls at Lakeview Elementary will have the opportunity to participate in a girls' volleyball team. Ms. Basra and Ms. Mastromonaco will be volunteering their time to coach this team. Your daughter's participation will include practices at lunch hour at school, and play games at Lakeview and other local Burnaby schools. Our volleyball season will run from October 13th till November 12th.

It will be the parents' responsibility to transport the children to our away games and pick them up when the games are finished. If you would like your child to ride with another parent and player, please make those arrangements and promptly notify the coaches. If you are available to be a parent driver, please fill out the attached Volunteer Information form. Your help would be greatly appreciated!

Practices will be held in the school gym on Monday's from 12:25pm– 12:55p.m. Our games will be on Thursdays from 3:30 until 4:30 pm.

All team members are expected to be changed into shorts/athletic pants, a T-shirt or jersey, and running shoes prior to lunch practices. Please ensure that your child has a snack, water bottle, and the appropriate footwear and Lakeview jersey on game days.

Commitment to our team is very important. Attendance and punctuality will be tracked. Our first practice will be on Tuesday, October 13th at 12:25pm in the gym. If you support your child's participation in this team and acknowledge the information provided above, please sign and return the permission slip, as well as post the game schedule & athlete commitment form in a frequently viewed place in your home. Please note: There are no other students/spectators allowed in the gym/on the stage during lunch practices.

Thank you for your support,

Ms. Basra & Ms. Mastromonaco

Grade 7 Girls Volleyball 2026

My daughter, _____ (full name) in Division _____ has permission to participate on the Girls' Volleyball team. We are aware of the expectations and agree to the commitment. She has my permission to attend practices and games at various schools.

Parent's Signature _____ Student's Signature _____

Parent's Contact Phone Number _____

Parents, we would greatly appreciate your assistance in refereeing any of our home games. Kindly specify the dates on which you are available: Oct 15th _____, October 22nd _____, October 29th _____. Your participation is voluntary.

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Girls' Volleyball Schedule

Please post this copy at home, as a reminder of our schedule of practices and games for the season.

Practices:

Monday's 12:25-12:55 pm

** First Practice (Due to Thanksgiving, there will be one Tuesday practice) – Tuesday, Oct. 13th, 12:25 – 12:55 pm

Volleyball Game Schedule:

- Thurs, October 15, 2026 Home Game @ Lakeview (vs. Armstrong) 3:30-4:30pm
- Thurs, October 22nd, 2026 Home Game @ Lakeview (vs. Second Street) 3:30-4:30pm
- Thurs October 29th, 2026 Home Game @ Lakeview (vs. Buckingham) 3:30-4:30pm
- There is no game on Thursday, November 5th, 2026.
- Thurs, November 12th, 2026 **Away Game @ Edmonds 3:30-4:30pm**

ATHLETE COMMITMENT AND EXPECTATIONS:

Students who join Volleyball commit to:

1. Attending all practices.
2. Attending the games.
3. Complying with the expectations listed below.

EXPECTATIONS AND RESPONSIBILITIES:

Students who join Volleyball are expected to:

1. Come to practices and games dressed appropriately for running.
2. Come to practice and be ready to begin on time (12:25 pm @ Lakeview Gym)
3. Give prior notice (when possible and as soon as possible) when unable to attend a practice or game. A written note from a parent is preferred.
4. Be respectful to themselves, teammates, coaches, parents, officials at the games, and athletes from other schools.
5. Behave at practices and games in a manner that represents themselves and the school in a positive way.
6. Behave at school in a manner that is consistent with the school's Code of Conduct.
7. Complete all assignments on time for your classroom teachers.
8. Do some form of exercise on their own
9. Behave appropriately in any other situation not listed.

CONSEQUENCES

Students may be dropped from the team for the following reasons:

- a) Two unexcused absences from practice.
- b) Habitually late coming to practice.
- c) Unacceptable behaviour at practice/or games.
- d) Unacceptable behaviour at school.
- e) Incomplete homework.