- Friday, November 6, 2026

Lakeview Elementary Weekly News

Dear Lakeview Community,

As we approach Remembrance Day, our school community will take time to reflect on the courage and sacrifice of those who have served, and continue to serve, in the Canadian Armed Forces. As a school, we will recognize Remembrance Day on Tuesday, November 10th. Students will be provided with poppies in the morning, and we will come together for a school-wide assembly. Leadership students will visit classrooms to collect donations for the Poppy Trust Fund. Families who wish to contribute are encouraged to send a donation, typically in the form of coins. This meaningful opportunity helps our students learn about the importance of peace, gratitude, service, and remembrance.

We also recognize Indigenous Veterans Day on November 8, a day dedicated to honouring the First Nations, Métis, and Inuit Veterans who have served with bravery and distinction in times of war, conflict, and peacekeeping. Their contributions are an important part of Canada's history, and we are committed to ensuring their stories and sacrifices are acknowledged and remembered.

We warmly invite families to join us for our Remembrance Day Assembly on Tuesday, November 10. We will have an early recess from 10:20 a.m. to 10:35 a.m., with the assembly beginning at 10:45 a.m. Students from several divisions will share presentations, each class will contribute a wreath, and our choir will perform. Together, we will pay tribute to those who have served our country and reflect on the values of courage, service, respect, and unity.

Amelia Poitras
Principal, Lakeview Elementary

Dates to note:

- Tues. Nov. 10 Remembrance Day Assembly 10:45
- Tues. Nov. 10 Crochet Club @ 12:30
- Tues. Nov. 10 Intermediate Book Club @ 12:30
- **Wed. Nov. 11 Remembrance Day (No School)**
- Thurs. Nov. 12 Run to Remember @ 2:15
- Tues. Nov. 17 Virtual Indigenous Teachings
- Wed. Nov. 18 Greeting of the Day
- **Fri. Nov. 20 Pro-D Day (No School)**
- Nov. 26-Nov 27 Scholastic Bookfair in Library

Sunny Fall Days!

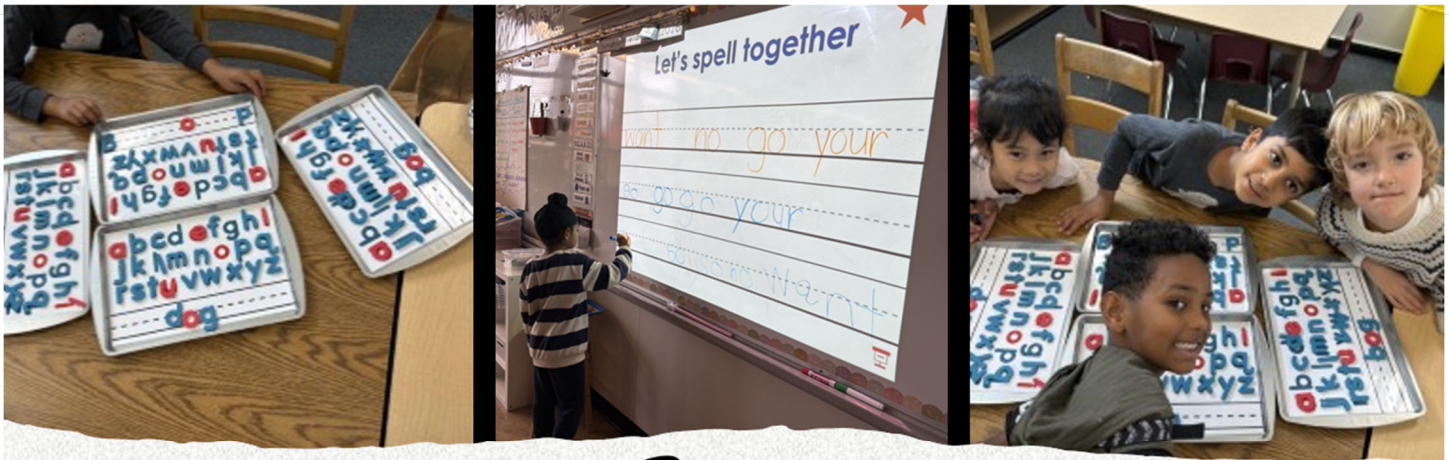




Thursday March 4th, 2027

Rehearsals are in full swing for our production of Matilda Jr! The sets are coming together, and the actors are busy learning their lines and practicing not laughing on stage… it's hard when you're having fun. Ticket information will come out in the New Year.





Fun with Literacy Learning

Happy Diwali

We extend warm wishes to all families celebrating Diwali, the Festival of Lights. Diwali is an important holiday for many Hindus, Sikhs, Jains, and Buddhists, celebrating the triumph of light over darkness, knowledge over ignorance, and hope over despair. The main day of Lakshmi Puja falls on Sunday, November 8, 2026, with the five-day festival taking place from November 6 to November 11.

Diwali traditions often include lighting diyas (oil lamps), decorating homes with colourful rangoli designs, sharing sweets and special meals, gathering with family and friends, and offering prayers for health, happiness, and prosperity. We wish all members of our school community a joyful and meaningful Diwali filled with light, love, and celebration.

LAKEVIEW ELEMENTARY • DIVISION SEVEN

Small postcards, BIG thanks!

THANK YOU

Postcards for a Veteran

Division Seven put kindness in the mail! Students continued their annual tradition of writing postcards to a Canadian Armed Forces veteran.

Together, they explored what service members do, how time away from home affects their families, and their role in helping other countries maintain or regain peace.

Then it was time to write, send and share their thanks! On a beautiful sunny morning, students mailed their messages of appreciation and respect. We hope these postcards bring a smile to a veteran's face.



A little message. A whole lot of gratitude.

LAKEVIEW ELEMENTARY

Road safety starts with us

Safe arrivals. Thoughtful parking. A caring community.



PLAN YOUR ARRIVAL

Parking is limited

Mayfield Street is a narrow dead end. Parking is also challenging on Berkley Street below the lower playground.

Please allow extra time and drive slowly around our school.

7th Street: another pick-up / drop-off option

The cul-de-sac beside school property is a secondary pick-up and drop-off zone.

5-minute limit | 8:00 a.m. to 5:00 p.m. Please follow posted signs.

1 Front entrance: drop and go

Keep moving through the drop-off area. Do not park in the turnaround or get out of your vehicle.

2 Keep the staff lot clear

The school parking lot is for Burnaby School District staff only. Please do not park or pull through the lot.

3 Protect walking routes

Use sidewalks and designated crosswalks. Help children enter and exit vehicles safely. Keep driveways and traffic routes clear.

4 Bring patience and kindness

Allow time for a safe pick-up or drop-off. Coordinate carpools, be considerate of neighbours, and offer a friendly smile.

A short walk makes a big difference

Walk to school when you can. About 80% of students in our catchment live within a ten-minute walk.

Thank you for helping keep every Lakeview student safe.

burnaby christmas bureau

making holidays brighter since 1980

Metropolis at Metrotown

Upper Level, Next to Winners (formerly Oomomo)

Registration: November 2 to 30, 2026

Holiday gifts for eligible Burnaby families



When:

Monday – Friday, 9:30 AM – 4:30 PM
*Closed 12 PM – 1 PM, and November 11

✓ What to Bring:

1. Proof of Burnaby address
2. Proof of Income
3. ID for each child

Questions? Call 604.299.5778



A program of

METROPOLIS at metrotown

BRITISH COLUMBIA

City of Burnaby

BURNABY COMMUNITY SERVICES

MARINE ROOFING GROUP

P&L CPA

The Province EMPTY STOCKING FUND

Fraser Health Messaging

NOVEMBER 2026

Healthy Screen Use



Why does screen time matter?

Children and families are increasingly spending time on screens such as TVs, computers, tablets, smartphones and gaming devices. Too much screen time can take away from activities that are essential for healthy development, like spending time with family and friends, playing outdoors and getting a good night's sleep.

Choosing quality screen time at home

Not all screen time is the same. Educational screen time, such as homework, online classes or video calls with family, can be beneficial and support learning and connection. Recreational screen time includes activities like watching videos, gaming or scrolling on devices for entertainment. Too much recreational screen use can have negative impacts on childhood growth and development, such as:

- Less time for social interaction and family connection.
- Less physical activity and outdoor play.
- Less opportunity for creativity, reading and other offline interests.
- Negative impacts on mental well-being and behaviour.

How much screen time is recommended?

According to the Canadian 24-Hour Movement Guidelines:

- **Under 2 years:** Screen time is not recommended.
- **Ages 2-5:** Limit to less than one hour per day.
- **Ages 5 and older:** Limit to less than two hours per day.

Simple ways to encourage healthy screen habits

The Canadian Paediatric Society highlights the "four M's" to help families build healthy routines:

- **Manage:** Set clear rules and limits, such as creating a family media plan.
- **Meaningful use:** Encourage content that supports learning and active engagement.
- **Model:** Show healthy screen habits in your own daily routines.
- **Monitor:** Watch for signs that screen use is replacing important offline activities.

Helpful resources

Fraser Health Screen Time for Children

Fraser Health Screen Time Brochure for Caregivers - Ages 5-12